High resolution simulation of the South Asian monsoon using a variable resolution global climate model

T.P Sabin\textsuperscript{1}, R. Krishnan\textsuperscript{1}\textsuperscript{*}, Josefine Ghattas\textsuperscript{2}, Sebastien Denvil\textsuperscript{2}, Jean-Louis Dufresne\textsuperscript{2}, Frederic Hourdin\textsuperscript{2} and Terray Pascal\textsuperscript{3}

\textsuperscript{1}Indian Institute of Tropical Meteorology, Pune, India

\textsuperscript{*}krish@tropmet.res.in

\textsuperscript{2}Laboratoire Meteorologie Dynamique, IPSL, Paris, France

\textsuperscript{3}LOCEAN, IPSL, Paris, France

Corresponding author

Dr. R. Krishnan
Centre for Climate Change Research
Indian Institute of Tropical Meteorology, Pune, India
Email : krish@tropmet.res.in
Abstract: This study examines the feasibility of using a variable resolution global general circulation model (GCM), with telescopic zooming and enhanced resolution (~35 km) over South Asia, to better understand regional aspects of the South Asian monsoon rainfall distribution and the interactions between monsoon circulation and precipitation. For this purpose, two sets of ten member realizations are produced with and without zooming using the LMDZ (Laboratoire Meteorologie Dynamique and Z stands for zoom) GCM. The simulations without zoom correspond to a uniform 1° x 1° grid with the same total number of grid points as in the zoom version. So the grid of the zoomed simulations is finer inside the region of interest but coarser outside. The use of these finer and coarser resolution ensemble members allows us to examine the impact of resolution on the overall quality of the simulated regional monsoon fields. It is found that the monsoon simulation with high-resolution zooming greatly improves the representation of the southwesterly monsoon flow and the heavy precipitation along the narrow orography of the Western Ghats Mountains, the northeastern mountain slopes and northern Bay of Bengal (BOB). A realistic Monsoon Trough (MT) is also noticed in the zoomed simulation, together with remarkable improvements in representing the associated precipitation and circulation features, as well as the large-scale organization of meso-scale convective systems over the MT region. Additionally, a more reasonable simulation of the monsoon synoptic disturbances (lows and disturbances) along the MT is noted in the high-resolution zoomed simulation. On the other hand, the no-zoom version has limitations in capturing the depressions and their movement, so that the MT zone is relatively dry in this case. Overall, the results from this work demonstrate the usefulness of the high-resolution variable resolution LMDZ model in realistically capturing the interactions among the monsoon large-scale dynamics, the synoptic systems and the meso-scale convective systems, which are essential elements of the South Asian monsoon system.
1. Introduction

The South Asian Monsoon (SAM) circulation, which is a major component of the global climate system, arises primarily from the setting up of a meridional land-sea thermal contrast between the elevated Tibetan Plateau and the tropical Indian Ocean during the boreal summer. Once set up, the SAM circulation is maintained primarily through feedbacks between the large-scale monsoonal flow and the release of latent heat of condensation by moist convective processes (see Krishnamurti and Surgi, 1987). The monsoon rainfall over the region exhibits heterogeneous variations in space and time, which involve interactions among multiple scales of motion (i.e., planetary, regional, synoptic, meso and cumulus scales). The accuracy of the SAM rainfall simulations depends heavily on the ability of climate models to realistically capture the interactions among these different scales. Gadgil and Sajani (1998) carried out a detailed analysis of monsoon precipitation simulated by more than thirty models that participated in the Atmospheric Model Intercomparison Project (AMIP: Gates, 1992). They found that a large number of models simulated exceptionally high precipitation over the equatorial Indian Ocean and low rainfall over the Indian subcontinent. Moreover, most models simulated the narrow north-south oriented precipitation band along the Western Ghats as a broad region extending too much to the Arabian Sea and failed to capture the rain shadow over southeast India. These limitations of Atmospheric General Circulation Models (AGCMs) in capturing the monsoon rainfall distribution arise partly due to the coarse resolution of AGCMs and partly due to deficiencies in the model treatment of physical processes like moist-convection, boundary layer fluxes, radiative effects, etc.

Very high resolution global GCMs (e.g., the Meteorological Research Institute model from Japan with 20-km horizontal resolution) have been fairly successful in resolving the SAM orographic precipitation maxima along narrow mountains of the Western Ghats and Myanmar (e.g., Rajendran and Kitoh, 2008, Kitoh and Kusunoki, 2009, Mizuta et al. 2012, Krishnan et al. 2012, Rajendran et al.)
However, conducting ensembles of long climate simulations using such high-resolution AGCMs remains a major challenge because of the huge computational power requirements. While high-resolution Regional Climate Models (RCMs) are computationally less expensive and have the ability to resolve finer scale orographic precipitation, they require specification of lateral boundary conditions which inhibits them from providing self-consistent interactions between the global and regional scales of motion (Fox-Rabinovitz et al. 2006).

Over the years, the use of variable resolution AGCMs have proven to be efficient for regional climate downscaling and analyses of meso-scale and finer features. Various climate modeling groups from Australia, France, United States and Canada, among others, have adopted variable resolution stretched-grid GCMs for regional studies (e.g., McGregor, 1996, Zhou and Li 2002, Hourdin et al. 2006, Fox-Rabinovitz et al. 2006). Variable resolution AGCMs do not require any lateral boundary conditions/forcing, avoiding the associated undesirable computational problems. They provide a consistent description of the 2-way interactions between global and regional scales, even if these interactions can be in part altered due to the change of resolution if compared to a high-resolution global model.

The present study addresses the feasibility of using variable resolution AGCMs to understand regional aspects of the South Asian monsoon rainfall, the large-scale organization of monsoon convection / precipitation over the Indian subcontinent and the interactions between monsoon circulation and precipitation. Previous studies based on RCM simulations indicate the potential for improving the spatial distribution of mean monsoon rainfall over South Asia through increased horizontal resolution (e.g., Bhaskaran et al. 1996, Jacob and Podzum 1997, Vernekar and Ji 1999, Lee and Suh 2000, Dash et al. 2006). The requirement of specifying lateral boundary conditions for RCM
simulations poses restrictions in understanding the interactions between the large-scale summer monsoon circulation and the precipitation distribution over the South Asian region. For example, the monsoon rainfall activity over the Indo-Gangetic plains is closely related to the position and intensity of the Monsoon Trough (MT), as well as the strength of the large-scale southwesterly monsoon flow and the vigor of monsoon convection over the subcontinent (e.g., Rao 1976, Alexander et al. 1978, Das 1986, Krishnamurti and Bhalme, 1976, Krishnamurti and Surgi, 1987, Goswami et al., 2003, Joseph and Sabin 2008, Rajeevan et al. 2010, Choudhury and Krishnan, 2011). Likewise, breaks in the monsoon rainfall over central India are characterized by a northward shift of the MT and heavy rainfall over the Himalayan foothills, and involve large-scale circulation anomalies such as the southward intrusions of mid-latitude westerly troughs into the Indo-Pak region, the formation of a blocking ridge over East Asia and the generation of circumglobal teleconnection patterns (e.g. Ramaswamy, 1962, Ramamurthy, 1969, Keshavamurty and Awade, 1974, Raman and Rao, 1981, Krishnan et al. 2000, 2009, Ding and Wang, 2007).

In order to address some of those issues of scale-interactions and the need for high resolution modeling in the SAM region, we designed a specific grid configuration using the variable resolution stretched-grid GCM developed at Laboratoire de Meteorologie Dynamique (LMD), France. The global stretched-grid GCM (LMDZ) used in this study has a high-resolution telescopic zooming over the South Asian region of roughly 35 km in both longitude and latitude, with coarser resolution elsewhere. Given that high resolution GCMs require tremendous computational resources, the use of a global stretched-grid GCM with high-resolution zooming over the SAM region is not only a dynamically and physically consistent approach to modeling the monsoonal processes, but it also provides a computationally pragmatic way to address high-resolution monsoon modeling. Here, it is worth mentioning that the computational resources are exactly the same in terms of memory for the zoom and
no-zoom simulations, because both versions use the same number of total grid points. The CPU cost is
around 2-3 times larger for the present zoom set-up because of a finer time-step (ie., the time-step used
in our zoom run is half that of the no-zoom run). The present study is organized as follows. Section 2
provides a brief description of the LMDZ model including the design of numerical experiments and the
different datasets used. Section 3 deals with an evaluation of the SAM in the LMDZ model simulations
with and without telescopic zooming over the region. Improvements in various aspects of monsoon
simulation through telescopic zooming are presented in section 4. The summary and conclusions of
this work are presented in section 5.

2. Model description, experimental design and datasets

The LMDZ4 GCM with stretchable grids has been used for regional climate modeling studies
(see, Zhou and Li 2002). Moist convection in the present version of LMDZ4 is based on the Emanuel
(1993) parameterization scheme. Hourdin et al. (2006) have provided detailed information on physical
processes in the LMDZ4 GCM, and an assessment of the model performance at the global scale. By
activating the zoom function, LMDZ4 can be run with very high resolution over the region of interest.
The model is driven by prescribed sea surface temperature (SST) as lower-boundary conditions. Being
a global model, there is no need for specifying lateral boundary conditions in LMDZ4.

We compare two versions of the models, both based on a global grid made of 360 points in
longitude, 180 points in latitude, and 19 hybrid layers in the vertical. In the first “no-zoom”
configuration, the grid points are regularly spread in both longitude and latitude. For the second
“zoom” configuration, the grid is refined over a large region around India. The zoom is centred at
15°N, 80°E and the employed model grid is shown in Fig. 1. It is realized that the telescoping zooming
is obtained at the expense of a coarser and distorted grid outside the region of interest. This is why it is important to check if the model behaves reasonably well outside the zoom area. Figure 1a shows the horizontal grid spacing in km for the present LMDZ4 setup. The grid-size in the shaded region (Eq– 40°N, 45°E–110°E) in Fig.1a is less than 35 km. The resolution becomes gradually coarser outside the zoom domain. Figure 1b shows the distribution of topography and model grids over the South Asian region. It can be seen that the 35 km grid resolution adequately resolves the narrow mountains along the Western Ghats of India and the west coast of Myanmar which receive very heavy monsoonal rains during boreal summer. In addition, one can notice that the Hindukush mountain range, stretching between central Afghanistan and northern Pakistan, of South-Central Asia is well resolved in the 35 km model. The importance of resolving these relatively smaller mountains can have significant influence on the moist processes over north-central India during the monsoon season, as will be seen later.

For both the zoom and no-zoom model configurations, a twin set of 10 member ensemble runs was performed with the LMDZ4 model. In both cases, we have used the seasonally varying climatological mean observed SST, averaged over the period (1979 – 2008), as boundary forcing. The SST is based on the HadISST dataset from the Met Office Hadley Centre (Rayner et al. 2003). The 10 member ensemble runs are started from 10 perturbed initial conditions of 01 January and each simulation goes through end of December. All members use the same seasonally varying climatological SST as

---

1 Starting from an instantaneous initial condition taken from the ECMWF analysis for the month of January, the 10 perturbed initial conditions were created by making ten 1-yr model runs with interannually varying SSTs (2000 – 2009) as boundary conditions. The model dumps generated after 1 year of integration from the above 10 cases constitute the 10 perturbed initial conditions. It must be mentioned that interannually varying SSTs have been used only for the purpose of creating the perturbed initial conditions. Once the model dumps are generated, the Zoom and No-Zoom ensemble simulations are performed using the seasonally varying climatological SST boundary forcing.
boundary condition. For validating the model simulations, different observational datasets have been used. These include the daily gridded rainfall data from India Meteorological Department (Rajeevan et al., 2006) which is available in 1° x 1° latitude-longitude grid over India for the period (1951-2007). The monthly gridded rainfall data from the Global Precipitation Climatology Project (GPCP) Version 2 data (Adler et al. 2003) have also been used to evaluate the model’s performance and assess the global precipitation pattern. Additionally, the TRMM 3B42 daily rainfall for the period (1998-2007) has been used for evaluating the model simulations of active monsoon conditions. The TRMM 3B42 product is a time-resolved TRMM adjusted merged infrared precipitation estimate (see Huffman et al. 2007). Observed surface temperature data from the Climate Research Unit (CRU) is also utilized for model validation. The simulated atmospheric circulation, mean sea level pressure, specific humidity fields are validated against the European Centre for Medium-Range Weather Forecasts (ECMWF) Re-Analysis Interim (ERA-Interim; Simmons et al. 2006) data for the period 1989–2008.

3. Simulation of global and SAM regional features with and without telescopic zooming

In this section, we shall investigate the fidelity of LMDZ model in simulating the observed features of climatological mean circulation during boreal summer.

3.1. Mean global rainfall and circulation features

Figure 2 shows the spatial distribution of seasonal rainfall for the June-July-August-September (JJAS) months from observations and GCM simulations with and without zoom. The simulation of tropical rainfall climatology has proven to be a rather difficult test for current GCMs. Systematic errors in simulating the JJAS mean precipitation can be noted over the Northern region of South America where the model climate is too dry compared to the observed precipitation. Both the zoom and no-zoom versions capture the main features of the global scale distribution of precipitation associated with the
South Pacific Convergence Zone, the Asian and African summer monsoons. Both versions overestimate the rainfall over equatorial and tropical West Pacific as compared to GPCP observations. The simulated monsoon rainfall over South Asia is significantly closer to observations in the zoom version as compared to the no-zoom case. This point will be discussed in detail in the next section. The pattern correlation between the simulated and observed precipitation climatology in the tropics (0–360° and 35S–35N) is 0.85 for the zoom simulation and 0.81 for the no-zoom simulation.

The JJAS mean circulation at 850 hPa simulated by the zoom and no-zoom experiments are compared with the ERA-Interim reanalysis in Fig.3. Both simulations capture the major general circulation features such as the easterly trades, Inter Tropical Convergence Zones (ITCZ) and the subtropical anticyclones over both hemispheres of the Pacific and Atlantic Oceans. Other noteworthy features in the simulations include the subtropical anticyclones over the Mascarene and Australian regions in the southern hemisphere (SH) and over Arabia and northern Africa in the NH; the summer monsoon cross-equatorial flow over the Indian Ocean and the convergence of Pacific easterly trades and the southwesterly monsoonal winds near Philippines. It is interesting that the zoom version shows a well-defined cyclonic circulation over the MT region along the Indo-Gangetic plains. Differences in the easterly trade winds over the central Pacific can be noted between the zoom and no-zoom simulations. While it is recognized that zooming over one region needs to be compensated by coarsening of horizontal grids outside the region of interest, the actual reasons for the differences in the Pacific trade winds in Fig.3a and Fig.3b are not clearly known. Nevertheless, the important point is that the zoom version behaves surprisingly well outside the zoomed area and is comparable with the no-zoom (i.e., regular grid) simulation. Figure.3d shows the latitudinal variation of the zonally averaged zonal winds at 850 hPa from the ERA Interim reanalysis, the zoom and no-zoom simulations. The correlations between the observed and simulated zonally averaged zonal winds at 850 hPa are 0.97 for the zoom
The simulated and observed upper tropospheric circulation are presented in Fig. 4. The predominant boreal summer upper-tropospheric features which include the Tibetan anticyclone with ridge axis around 25°N, and the tropical easterly jet-stream (e.g., Koteswaram, 1958, Krishnamurti, 1973, Raghavan, 1973) and the Asian Jet with strong westerlies ( > 30 ms\(^{-1}\)) on the poleward side of the Tibetan anticyclone (see Enomoto et al. 2003, Krishnan et al. 2009) are captured in both simulations. Notice that the divergent outflow from the Tibetan anticyclone and upper-tropospheric cross-equatorial winds is more conspicuous in the zoom simulation as compared to the no-zoom case. The Asian Jet exhibits a wavy structure in the zoom simulation, while it is more zonal in the no-zoom case. Krishnamurti (1971) provided the first observational evidence for planetary scale east-west divergent circulations during the northern summer. He suggested that these thermally direct east-west circulations were associated with mass “spillover” from the intense energy source located over the SAM region. Basically, the upper tropospheric mid-oceanic troughs over the Pacific and Atlantic Oceans in Fig. 4 correspond to the descending branches of the tropical east-west circulations during northern summer (see Krishnamurti, 1971). The zoom version shows a trough-like feature in the upper-troposphere over the Mediterranean region (Fig. 4b) indicative of subsidence and low-level anticyclonic circulation (Fig. 3b) over the region. Rodwell and Hoskins (1996) pointed out that the summertime descent and aridity over the Mediterranean and Eastern Sahara arises due to a Rossby wave response induced by the South Asian monsoon heating. The latitudinal variation of the zonally averaged upper-tropospheric zonal winds from the two simulations and the ERA reanalysis is shown in Fig. 4d. The correlations between the observed and simulated zonally averaged zonal winds at 200 hPa are 0.99 for the zoom simulation and 0.98 for the no-zoom simulation. Based on the analysis described in Figs. 2-4, it can be seen that the zoom simulation preserves the realism and consistency of the global scale atmospheric
3.2. Mean rainfall and circulation features over the SAM region

We shall now examine the two sets of GCM simulations specifically focusing on the regional features of the SAM. Figure 5 shows the JJAS mean maps of the simulated 850 hPa winds, rainfall and 500 hPa relative humidity over the Indian subcontinent and adjoining areas. The effect of increased horizontal resolution through zooming is directly evident from improvements in the orographic monsoon precipitation over the narrow mountains of Western Ghats and Myanmar (see Figs. 5a-c). Resolving these narrow mountains is important to anchor the orographic precipitation over the monsoon regions (Xie et al. 2006). The zoom simulation of monsoon rainfall shows some biases which include underestimation of precipitation over northern Bay of Bengal (BOB) and northeast India and excessive precipitation over south BOB. Also the observed secondary rainfall maximum over the eastern equatorial Indian Ocean is not adequately captured in the model simulation. It is interesting to note that the zoom simulation shows finer details of orographic precipitation anchored along the Himalayan foothills, which are not otherwise properly resolved in the no-zoom case.

A noteworthy aspect in the zoom simulation is the significant strengthening of the southwesterly monsoon flow, particularly near the Horn of Africa and over the west and central Arabian Sea. It can be noticed that the zonal span of the core of the southwesterly jet, with wind speeds > 14 ms\(^{-1}\), is much longer in the zoom simulation (\(-40^\circ\text{E} - 70^\circ\text{E}\)) as compared to the no-zoom case which has a shorter span (\(50^\circ\text{E} - 60^\circ\text{E}\)). Krishnamurti et al (1976b) suggested that the main mechanisms for the formation of the monsoon low-level jet (also known as the Somali jet) include the (a) Monsoon differential heating and the broad-scale circulation response (b) Beta effect (c) Western boundary intensification of the wind system by the East African highlands (see Lighthill, 1969). Advective accelerations of the Somali
jet are also dominant for the near-equatorial balance of forces over the western Arabian Sea (see Krishnamurti et al, 1983). It can be seen from Fig.5 that the monsoon low-level southwesterly jet in the zoom simulation compares more closely with that of the ERA-Interim data, whereas the wind speeds in the no-zoom simulation are considerably underestimated. The maximum wind speed in the core of the monsoon low-level jet is ~18 ms\(^{-1}\) for the zoom simulation and ~14 ms\(^{-1}\) for the no-zoom case.

Another striking difference between the two sets of simulations pertains to the circulation and rainfall over the MT region in northern India. The zoom version shows a well-defined cyclonic circulation with westerlies on the southern flanks and easterly winds on the northern flanks of the MT. The cyclonic turning of monsoonal winds over BOB can be noticed in Fig.5e. It is important to note that the monsoon rainfall is well-distributed over the plains of north-central India in the zoom simulation and extends up to northwest India. On the other hand, the spatial extent of the cyclonic circulation in the no-zoom version is limited mostly to the BOB and eastern India. Also note that the no-zoom simulation shows relatively lower monsoon precipitation over the MT zone with very less rain over northwest India. The zoom simulation is suggestive of a close association between the widespread rainfall distribution and the cyclonic circulation over the MT region (Fig.5b, 5e). In the zoom simulation, the advection of moisture from adjoining oceanic areas by the monsoonal winds is important for maintaining high humidity levels over the MT region. In fact, it will be seen later that the zoom version shows significantly high specific humidity in the low and mid-tropospheric levels over the MT region and the Indian landmass, as compared to the no-zoom simulation which is characterized by drier conditions over the MT region. Studies have reported incursions of dry westerly winds from the sub-tropical desert areas into this region during weak monsoons (see Bhat 2006, Krishnamurti et al 2010). Such dry air intrusions in the tropical and monsoon regions typically tend to suppress rainfall through decrease of convective instability and depletion of parcel buoyancy (eg., Brown and Zhang,
1997, Krishnan et al. 2009, Krishnamurti et al. 2010). This issue will be taken up later for discussions.

Figure 6a shows the annual cycle of rainfall and surface temperature averaged over the Indian land region from the model simulations and observations. The peak monsoon rainfall during July and August is well captured in the zoom simulation. Also the summer monsoon rainfall simulation in the zoom version is closer to observations as compared to the no-zoom case particularly during June, July and August (JJA). The root mean square error (RMSE) between the observed and simulated rainfall over India is found to be 1 mm day\(^{-1}\) for the zoom version and 2 mm day\(^{-1}\) for the no-zoom case. The underestimation of monsoon rainfall over the South Asian region in the no-zoom simulation is consistently reflected in higher surface air temperatures during JJA in the no-zoom version as compared to the zoom case. It may be noted that the zoom version underestimates the surface air temperatures from September through December. The root mean square error (RMSE) between the observed and simulated surface temperature over India is ~1\(^\circ\)C for the zoom version and ~2\(^\circ\)C for the no-zoom case.

Figure 6b provides a comparison between the observed and simulated JJAS mean rainfall over the heavy rainfall zones of the Western Ghats (72\(^\circ\)E – 76\(^\circ\)E; 10\(^\circ\)N-19\(^\circ\)N) and the BOB (85\(^\circ\)E – 96\(^\circ\)E; 17\(^\circ\)N-24\(^\circ\)N). It can be noted that the seasonal mean rainfall over the Western Ghats in the zoom simulation is ~11 mm day\(^{-1}\) and compares well the GPCP and TRMM datasets. On the other hand, the no-zoom simulation shows a lower value of ~9 mm day\(^{-1}\) as compared to the GPCP and TRMM datasets. Over the BOB, both simulations underestimate the observed mean monsoon rainfall (> 11 mm day\(^{-1}\)), with a larger bias in the no-zoom version. The pattern correlation between the simulated and observed precipitation climatology in the South Asian region (50\(^\circ\)E–110\(^\circ\)E; 15\(^\circ\)S–45\(^\circ\)N) is 0.82 for the zoom simulation and 0.73 for the no-zoom simulation.

4. Impacts of high-resolution on moist convective processes
4.1. Moist processes over the MT region

Understanding the moist processes over the MT region is important for gaining insight into the distribution of monsoon precipitation in the zoom and no-zoom simulations. Figures 7 (a-c) show maps of precipitable water (i.e., vertically integrated specific humidity) for the JJAS season based on ERA reanalysis, the zoom and no-zoom simulations. It can be seen that the precipitable water is considerably underestimated over BOB and the MT region in the no-zoom simulation. The area-averaged values of precipitable water computed over the MT region (70°E-95°E, 16°N-28°N) from the ERA reanalysis, the zoom and no-zoom simulations are found to be 54 kg m\(^{-2}\), 52.5 kg m\(^{-2}\) and 47 kg m\(^{-2}\) respectively. The zoom simulation captures the precipitable water maxima over BOB, west coast of India. Also it can be noticed that the distribution of precipitable water extends well into the MT region in the zoom simulation. On the other hand, the values of precipitable water over north-central India are much lower in the no-zoom case.

Figures 7 (d-f) show JJAS mean maps of moist static energy (MSE) vertically integrated from 1000 hPa to 700 hPa. Basically, high values of MSE at the surface and lower levels indicate unstable air prone to convective ascent and rainfall (Emanuel, 1994). One can notice high MSE values on the eastern side of the MT and north-eastern India (Fig.7d). The high MSE values on the eastern side of the MT are to some extent captured in the zoom simulation. The MSE values over the MT region are significantly underestimated in the no-zoom simulation. The MSE in the lower troposphere are primarily regulated by specific humidity. The enhanced MSE in the zoom simulation is due to enrichment of water vapor over the BOB, north and northeastern India, while the lower MSE in the no-zoom version can arise due to dry air intrusions from the sub-tropics and extra-tropics (e.g., Hastenrath and Lamb, 1977, Bhat 2006, Krishnamurti et al. 2010). The area-averaged values of MSE over the MT region (70°E-95°E, 16°N-28°N) from the ERA reanalysis, the zoom and no-zoom simulations are found
to be 340.6 KJm\(^{-2}\), 338.8 KJm\(^{-2}\) and 334.2 KJm\(^{-2}\) respectively.

The vertical distribution of water vapor over the MT is useful to understand the moist convective processes over the Indo-Gangetic plains during the summer monsoon rainy season. Longitude-pressure cross-sections of specific humidity from the ERA, the zoom and no-zoom simulations are shown in Figs. 8 (a-c). The ERA humidity field shows a zonal gradient with higher humidity to the east and lower humidity to the west of the MT. Notice that high levels of specific humidity (> 0.01 kg kg\(^{-1}\)) extend vertically almost up to 700 hPa in the eastern side of the MT, whereas they are mostly confined below 900 hPa on the western side (Fig.8a). The east-west gradient of the humidity field along the MT is seen in the zoom and no-zoom simulations. The vertical extent of moisture in the eastern side of the MT is lower in both simulations as compared to ERA. Nevertheless, it may be noted that the high specific humidity (> 0.01 kg kg\(^{-1}\)) values extend vertically up to 750 hPa in the zoom simulation, but are restricted to lower levels below 850 hPa in the no-zoom case. The troposphere is much drier, even at the lower levels, in the no-zoom case.

The process of heating and moistening of atmosphere through organized cumulus convection is fundamental over the tropics and monsoon environment (Yanai et al. 1973). Tropical meso-scale convective systems (MCS) provide an important link between organized cumulus convection and large-scale motion (Houze, 2004). In a recent study, Choudhury and Krishnan (2011) pointed out that latent heating from organized MCS over the MT region can effectively promote the upward development of continental-scale cyclonic circulation well above the mid-tropospheric levels. Figure.8d shows the vertical profiles of relative vorticity ($\zeta$) averaged over the MT region from ERA (green), the zoom (blue) and no-zoom (purple) simulations. The corresponding plots of the vertical profiles of divergence (D) and vertical velocity ($\omega$) are shown in Fig.8e and Fig.8f respectively. From Fig.8d, it can be seen
that the positive values of $\zeta$ (cyclonic) in the low and middle troposphere are significantly stronger in ERA and the zoom simulation as compared to the no-zoom case. Also note that the cyclonic vorticity has deeper vertical extent up to ~ 450 hPa in both ERA and the zoom simulation, whereas the positive $\zeta$ extends only up to 600 hPa in the no-zoom case. The anticyclonic (negative $\zeta$) vorticity in the upper-troposphere, with maximum around 150 hPa, is associated with the Tibetan high. It can be noted that the upper-level anticyclonic vorticity is stronger in ERA and zoom simulation as compared to the no-zoom case.

The vertical profiles of divergence (D) show stronger convergence (negative) from 1000 hPa to 700 hPa in ERA and the zoom simulation as compared to the no-zoom case. In the no-zoom case, the vertical extent of convergence is shallow and restricted to lower levels below 850 hPa. Note that the upper-level divergence is relatively stronger in ERA and the zoom simulation as compared to the no-zoom case. As compared to ERA, the maximum vertical velocity is overestimated in the zoom simulation and shows differences in the placement of the level of maximum vertical velocity. On the other hand, the magnitude of upward velocity is much smaller in the no-zoom simulation. It is important to notice the steady build up of upward motions (negative $\omega$) in ERA and the zoom simulation in Fig.8e. Basically, the stronger convergence at the lower and mid tropospheric levels enhances vorticity stretching leading to generation of cyclonic vorticity over the MT region in the zoom simulation (see Choudhury and Krishnan, 2011).

4.2. Simulation of rainfall and circulation during active monsoon conditions

On sub-seasonal time-scales, the Indian summer monsoon is characterized by active and break spells in the monsoon rainfall activity. Active monsoons are characterized by enhanced precipitation over central India and the MT region arising from interactions between the moist convective processes and
the southwesterly monsoon circulation (e.g. Rajeevan et al. 2010, Choudhury and Krishnan 2011). We now focus on the simulation of the active monsoon conditions in the zoom and no-zoom configurations. Figure 9a shows composite map of observed precipitation based on active monsoon days as defined by Rajeevan et al. (2010). He defined active monsoon phases as episodes when the normalized rainfall anomaly over a core monsoon zone in north-central India exceeded one standard deviation for at least three consecutive days. Rajeevan et al (2010) identified 15 active monsoon cases during the 10-year period (1998 – 2007) based on the observed IMD daily rainfall. These 15 active monsoon cases are given in Table 1. Figure 9a shows the composite map of TRMM 3B42 rainfall created by averaging over all the days of the 15 observed active monsoon cases. We have adopted the same method of Rajeevan et al (2010) for determining active monsoon spells in the GCM simulations. By applying this criteria to the 10-member GCM simulations, we could identify a total of 14 active monsoon cases for the zoom run and 11 active cases for the no-zoom version. The precipitation composites, based on active monsoon days, for the zoom and no-zoom simulations are shown in Fig.9b and Fig.9c respectively. The observed rainfall composite shows an east-west band of maximum precipitation over central and northern India, together with enhanced precipitation over the west coast of India (Fig.9a). The zoom simulation of the active monsoon condition shows enhanced precipitation over the west coast and a wide region of central and northern India. We realize the biases in the zoom simulation such as the low rainfall over western India and the head BOB; and too much rain over the south BOB and equatorial eastern Indian Ocean which are not seen in the TRMM 3B42 composite (Fig.9a). The above precipitation biases can also be noted in the no-zoom simulation. Nevertheless, an encouraging point is that rainfall along the MT zone is considerably better resolved in the zoom version (Fig.9b) as compared to the no-zoom case (Fig.9c). In fact, it may be noted that the latter seriously underestimates the rainfall along the MT axis.
Composite maps of the 850 hPa winds during the active phases based on the ERA, zoom and no-zoom runs are shown in Figs.9 (d-f) respectively. The ERA 850 hPa wind composite shows a well-defined east-west oriented cyclonic circulation extending from northwest India up to the head Bay of Bengal. This feature is accompanied by a monsoon cross-equatorial flow with strong southwesterly winds to the north-of-equator. The cyclonic circulation around the MT and the strong southwesterly monsoon winds are seen in the zoom simulation, although the axis of the cyclonic circulation has a slightly different orientation in the southeast-northwest direction (Fig.9e). Although the strengths of the monsoon low-level winds in the zoom simulation and ERA are comparable over the western Arabian, it is realized that the strength of the westerly winds is rather weak over the eastern Arabian Sea and the Indian Peninsula in the simulation as compared to ERA. In the no-zoom version, the horizontal scale of the cyclonic circulation is mostly limited to eastern and central India and the southwesterly winds over the Arabian Sea and Indian region are much weaker as compared to the zoom version.

During active monsoons the mid-troposphere is characterized by a continental scale cyclonic vortex centered over the South Asian MT region which extends westward up to the African monsoon region (Choudhury and Krishnan, 2011). This feature is clearly evident in the 500 hPa winds composite of active monsoons from the ERA dataset (Fig.10a). Notice that the cyclonic vortex around the MT is centered around 20°N with easterly winds extending up to 28°N. The subtropical westerlies are located mostly to the north of 35°N and the anticyclonic circulation over the Arabian Desert indicates subsidence over the region. The zoom simulation captures the continental scale cyclonic pattern as well as the cyclonic circulation over the MT region with easterlies extending up to 29°N on the northern flanks. In conjunction with the strong meridional expanse of the mid-level cyclonic vortex, one can notice two distinct sub-tropical anticyclones in ERA and the zoom simulation over the (a) Arabian
Desert (b) Southwest China (~ 100°E, 30°N) (see Figs.10a-b). The meridional extent of the cyclonic vortex over the MT zone is relatively smaller in the no-zoom simulation, as compared to the zoom version, with the easterlies on its northern flanks typically extending up to 26°N (see Fig.10c). Also, it may be noted that the cyclonic vortex is positioned relatively southward with a local maximum around (80°E, 18°N). It is interesting to note that the restricted meridional extent of the MT mid-level cyclonic vortex in the no-zoom simulation is accompanied by an anti-cyclonic ridge with its axis located near the 30°N latitude (Fig.10c).

A comparison of active monsoon composites of the 200 hPa circulation for the ERA, the zoom and no-zoom simulations is presented in Figs. 10(d-f). The large-scale structure of the upper-tropospheric Tibetan anticyclone, characterized by a prominent longitudinal elongation, can be seen in the ERA and zoom simulation. Hsu and Plumb (2000) pointed out that an elongated Tibetan anticyclone can become unstable and periodically shed eddies on the westward side. The Tibetan anticyclone in the no-zoom simulation is more pronounced regionally between 60°E – 110°E and the westward elongation in the zoom version is not as prominent as in the no-zoom version (Fig.10f). The cross-equatorial upper-level winds diverging from the Tibetan anticyclone and the tropical easterly jet are weaker in magnitude in the no-zoom simulation (Fig.10f) as compared to the ERA and zoom simulation (Figs.10d-e).

4.3. Simulation of monsoon lows and depressions with and without telescopic zooming

Monsoon low pressure systems (LPS), which comprise of lows, depressions and deep-depressions, are important rain producing synoptic disturbances over the Indian region during the summer monsoon season. The IMD classification of LPS events is based on intensity of vortex, around the central region of low pressure, as measured by the strength of the surface winds. Lows are LPS with wind-speeds up
to 8.5 ms$^{-1}$; depressions are LPS with wind-speeds ranging between 8.5 – 13.5 ms$^{-1}$; deep-depressions are LPS with wind-speeds ranging between 14 – 16.5 ms$^{-1}$; and cyclonic storms have wind-speeds ranging between 17 – 23.5 ms$^{-1}$ (see Das, 1968, Saha et al, 1981). These monsoon synoptic disturbances generally form in the Bay of Bengal and move in a west-northwest direction along the quasi-stationary monsoon trough across north-central India (eg., Koteswaram and Rao, 1963, Rao, 1976, Sikka 2006). Studies have shown that the existence of combined barotropic-baroclinic instability of the mean monsoon flow is a necessary condition for the generation of monsoon disturbances (e.g., Keshavamurty et al., 1978, Goswami et al., 1980, Mishra and Salvekar et al, 1980, Satyan et al., 1980, Dash and Keshavamurty, 1982). On the other hand, the energetics of monsoon depressions appears to be primarily maintained by cumulus convection and moist processes (see Krishnamurti et al., 1976a). Thus, it would be of interest to investigate the simulation of monsoon LPS in the zoom and no-zoom experiments from the perspective of understanding the moist convective processes over the MT region.

We have identified monsoon LPS using the daily sea level pressure (SLP) and wind fields from the zoom and no-zoom simulations following the procedure similar to Lal et al. (1995). The criterion for identifying the vortex centers along the LPS tracks is based on specified thresholds of 850 hPa relative vorticity, SLP, and surface wind speed. Accordingly, a LPS vortex is identified when (a) Relative vorticity at 850 hPa exceeds $2.0 \times 10^{-5}$ s$^{-1}$ (b) Wind speed at 1000 hPa exceeds 15 ms$^{-1}$ and SLP < 998 hPa within a $3^\circ \times 3^\circ$ grid domain (c) Events with minimum duration of 3 days are only considered (d) The co-ordinates of the minimum SLP correspond to the centre of the LPS. Based on the above criteria, we have identified 33 LPS cases in the zoom simulation and 29 LPS cases in the no-zoom experiment. The tracks of monsoon LPS based on the zoom and no-zoom simulations are shown in Fig.11a and Fig.11b respectively. In both cases, one can notice west-northwestward tracks of the monsoon LPS. However, the tracks in the zoom simulation extend farther westward into northwest
India as compared to the no-zoom simulation. Also, it is interesting to note that the mean track in the zoom simulation is located more northward relative to that in the no-zoom simulation. Observed monsoon LPS tracks during the last 100+ years indicate that the mean genesis location of these synoptic systems over the Bay of Bengal is around 18°N-25°N and they quite often move west-northwestwards into the Indian region (eg., Sikka, 2006, Krishnamurthy and Ajayamohan, 2010). From Figs.11(a-b), it appears that the genesis location and movement of monsoon LPS is more realistic in the zoom simulation as compared to the no-zoom version. Using the track data, we also computed the LPS density on 1° x 1° grid boxes by counting the number of LPS passing through any particular grid box. Maps of LPS density for the zoom and no-zoom simulation are shown in Fig. 11c and Fig.11d respectively. It can be seen that the LPS density magnitudes are significantly higher in the zoom simulation as compared to the no-zoom run. It is also important to note that the LPS density values in the zoom simulation extend more westward and northward as compared to the no-zoom case.

Figures.12 (a-b) illustrate the 850 hPa streamlines and rainfall associated with a typical monsoon LPS in the zoom and no-zoom simulations respectively. The streamlines and rainfall are averaged over the entire period of the LPS. It can be noticed that the cyclonic circulation in the zoom simulation is elongated more westward and extends farther west into northwest India and Pakistan. Such spatially extended circulation patterns have been observed during long-lived (> 5 days) monsoon LPS (see Krishnan et al. 2011). On the other hand, the monsoon LPS cyclonic circulation in the no-zoom simulation is mostly limited to central and eastern India. Also it may be noted that the east-west axis of the cyclonic circulation is located more northward in the zoom simulation as compared to the no-zoom case. In the zoom experiment, the simulated rainfall during the monsoon LPS covers a large area of central-north India along the MT zone and is oriented along the southern side of the cyclonic circulation. Figure.12a also shows significant rainfall along the Western Ghats in association with the
strong monsoon westerly winds. In the no-zoom simulation (Fig. 12b), the rainfall band associated with
the monsoon LPS is located considerably southward as compared to the zoom version. Interestingly,
the no-zoom simulation shows negligible rainfall over north-central India and the Indo-Gangetic plains,
whereas enhanced precipitation can be seen all along the Himalayan foothills in association with a
cyclonic circulation in the sub-tropical westerly winds (Fig. 12b). Such a condition of decreased
monsoon rainfall/convection over the plains of north-central India and enhanced
precipitation/convection over the Himalayan foothills is generally observed during “breaks” in the
Indian summer monsoon (e.g., Ramamurthy, 1969, Krishnan et al., 2000, 2009, Gadgil et al. 2003,
Rajeevan et al. 2010).

Based on the discussions above, it can be inferred that the presence of adequate moisture in the
low and mid-tropospheric levels over the MT zone is important for providing a favorable environment
for the transient monsoon synoptic disturbances to develop and extend well into northwest India.
Essentially, the ability of the zoom simulation to confine moisture through the continental scale
cyclonic circulation encourages the organization of moist convective processes over the MT zone. On
the other hand, inadequate moisture in the no-zoom simulation leads to suppression of moist convective
processes particularly towards the western side of the MT zone. We shall return to this point later while
discussing the overall results in the last section.

4.4. Organization of monsoon meso-scale convective systems

Organization of tropical convection involves interactions between the cumulus scale and large-scale
circulation which are mediated through the tropical MCS (e.g., Krishnamurti et al. 1976a, Mapes and
Houze, 1995, Houze, 2004). The organization of MCS over the MT region is evident during active
monsoon conditions which are often accompanied by enhanced activity of monsoon LPS (see Krishnan
et al., 2011, Choudhury and Krishnan, 2011). An important element observed during active monsoons is the pre-dominance of moderate-to-heavy rainfall over the plains of central and north India (eg., Joshi and Rajeevan, 2006, Rajeevan et al. 2010). In this section, we shall focus on understanding the relationship between the MCS activity over the MT region and the large-scale summer monsoon circulation in the zoom and no-zoom simulations.

Using outputs of daily rainfall from the model simulations, we have employed an objective procedure to quantify the organization of MCS activity over the MT zone based on counting the frequency of moderate-to-heavy rainfall cases covering the domain (70°E-90°E, 16°N-28°N). An outline of the objective procedure is presented below:

(a) With 10 realizations of the model each covering the June to September (120 days) of the monsoon rainy season\(^2\), we have a total of 1200 (= 120 x 10) rainfall values at each grid-point. This allows us to construct a rainfall time-series (n=1200) at each grid-point by sequentially arranging the 10 model realizations. In this time-series, the data points (1, 2, 3 … 120) are from the first realization; the data points (121, 124 … 240) correspond to the second realization; … the points (1081, 1900, … 1200) correspond to the tenth realization.

(b) In the next step, we determine the thresholds for moderate and heavy rainfall events at every grid-point based on the IMD criterion. According to this criterion, the 75\(^{th}\) percentile is the threshold for moderate rainfall and the 95\(^{th}\) percentile is the threshold for heavy rainfall (Joshi and Rajeevan, 2006).

(c) Knowing the moderate and heavy rainfall thresholds, we then determine if the rainfall on a particular day at a given grid-point lies between the two thresholds. This procedure is applied

\(^2\) The LMDZ GCM simulations are based on a 360 day calendar year, with each month having 30 days.
at all the grid-points. By this process, we obtain the total count of moderate-to-heavy rainfall cases in the entire MT domain on any particular day. A higher count of moderate-to-heavy rainfall on any given day implies large-scale organization of the MCS at that point of time; whereas a lower count is indicative of localized convective activity.

By following the above steps, one can generate the daily time-series (n=1200) of the frequency count of moderate-to-heavy rainfall over the MT domain (70°E-90°E, 16°N-28°N). It may be noted that the zoom and no-zoom versions have 1500 and 273 grid-points respectively over the MT domain. Thus, the unit of frequency in the zoom version is number of counts per N_z (= 1500); and number of counts per N_nz (= 273). Additionally, we have employed the above procedure for the TRMM 3B42 rainfall dataset to generate the daily time-series of the observed frequency count of moderate-to-heavy rainfall over the MT domain for the 10-year period (1998-2007). For the TRMM 3B42 dataset, the daily time-series has n=1220 points, because each monsoon season (1 June – 30 September) in the 10-year period has 122 days. The TRMM 3B42 dataset, which was re-gridded on (50 km x 50 km) grids for this analysis, has N_T (= 1200) grid-points over the MT domain.

Figures 13 (a-c) show time-series of the frequency count (FC) of moderate-to-heavy rainfall over the MT domain based on the TRMM 3B42, the zoom and the no-zoom simulations. The mean and standard-deviation of the FC time-series, based on the TRMM 3B42 dataset, are found to be 210 per 1200 (~ 0.18) and 120 per 1200 (~ 0.1) respectively. This suggests that the mean frequency of moderate-to-heavy rainfall events is about 18% with respect to (w.r.t) the total grids of the MT domain as inferred from the TRMM 3B42 dataset. For the zoom experiment, the mean and standard-deviation of the FC time-series are found to be 203 per 1500 (~ 0.14) and 183 per 1500 (~0.12) respectively. The corresponding values for the no-zoom experiment are found to be 10 per 273 (~0.04) and 13 per 273
respectively. Therefore, the mean frequency of moderate-to-heavy rainfall cases is about 14% w.r.t the total grids in the MT domain for the zoom experiment; whereas the mean frequency is about 4% of the total grids over the same domain for the no-zoom experiment.

In order to examine the relationship between the large-scale monsoon circulation and the organization of MCS over the MT zone, we regress the ERA and model simulated horizontal wind field at 850 hPa upon the time-series of frequency count of moderate-to-heavy rainfall (Fig.13). Before performing the regression analysis, the daily horizontal winds from the 10 model realizations were first arranged sequentially just as in the case of the rainfall time-series. The patterns generated by regressing the 850 hPa winds on the index of frequency count of moderate-to-heavy rainfall are shown in Figs. 14(a-c) for the ERA, the zoom and the no-zoom simulations respectively. The regression patterns, in the ERA and the zoom experiment, show a continental scale cyclonic vortex around the MT zone. A prominent westerly pattern can be seen extending from the Horn of Africa across the Arabian Sea into the Indian landmass and the Bay of Bengal in Figs. 14(a-b). It is also important to note the wide meridional extent of the westerly pattern in Figs.14a-b from ~8°N to 20°N covering much of the west coast of India. Likewise the pattern of easterlies on the northern flanks of the cyclonic vortex is quite pronounced in ERA and the zoom simulation. In contrast, the no-zoom simulation shows a much weaker pattern of westerlies over the Arabian Sea and Indian region. Further, it can be noted that the meridional extent of the westerly pattern and the scale of the cyclonic circulation is much smaller, while the easterly pattern to the north is considerably weak in Fig.14c. The above results suggest that the scale interaction between the organization of MCS over the MT region and the large-scale monsoonal winds is rather strong and robust in the zoom experiment and compares realistically with the observed patterns. On the other hand, the regression pattern corresponding to the no-zoom simulation (Fig.14c) is indicative of a much weaker interaction between the large-scale monsoon winds
and the MCS over the MT region. It must be pointed out that the results presented above are just one particular type of scale interaction. We also realize that the characteristics of the observed rainfall distribution over the MT region can potentially involve interactions among a multiple range of scales.

5. Discussions and conclusions

Variable resolution GCMs are pragmatic tools for meteorological and climate studies which allow to obtain a rather fine scale representation of the climate over a region of interest, preserving some interaction with global scales (which is not feasible with limited area models). Global atmospheric models with stretched grid can be used, in particular to downscale climate change projections on a given region by imposing modified radiative forcing (e.g., greenhouse gas concentrations, aerosols) and accounting for changes in SST as predicted by a global coarser resolution atmosphere-ocean coupled model. The present work has addressed some important scientific questions concerning scale interactions in the SAM region using the LMDZ global stretched-grid GCM with a 35-km telescopic zooming over South and West Asia. The motivation for this study stems from the fact that interactions among multiple scales (i.e., large, synoptic, meso and cumulus scales) are central to many key elements of the SAM system – viz., the space-time distribution of rainfall, the large-scale organization of moist convective processes over the MT zone, the evolution of transient monsoon LPS etc. Moreover, high resolution modeling of rainfall and land surface processes is crucial for hydrological applications, simulation of soil moisture content and stream flows on river basin scale (e.g., Verant et al. 2004, Ngo-Duc et al., 2005). Given the inherent limitations of coarse resolution GCMs (grid size ~ 200–300 km) in capturing smaller scale processes like the monsoon MCS and the associated rainfall distribution, it is desirable to understand if a global GCM with high-resolution zooming over the SAM region would be a feasible framework to address this issue.
Based on the above premise, we have conducted two sets of 10-member ensemble simulations of the LMDZ GCM with and without telescopic zooming over the SAM region, and validated the simulations with observed and reanalysis datasets. In addition to preserving the realism and consistency of the global general circulation features, it is interesting to note that the zoom simulation exhibits remarkable improvements in capturing the regional monsoon rainfall and circulation over South Asia. The monsoon precipitation over central-north India, the Indo-Gangetic plains and the rainfall maxima along the narrow Western Ghats and the mountain slopes of Northeast India and Myanmar are far more realistically simulated in the zoom version as compared to the no-zoom counterpart. Furthermore, the zoom simulation out-performs the no-zoom version in capturing the cyclonic circulation and the associated humidity and moist-static energy fields around the MT zone, together with more realistic vertical profiles of relative vorticity, divergence and vertical velocity over the region. Likewise the zoom simulation also provides a better portrayal of the active monsoon conditions of regional rainfall and circulation, the west-northwest tracks of monsoon LPS that emanate from the Bay of Bengal region, and the distribution of moderate-to-heavy rainfall events due to organized activity of MCS over the MT zone. By consolidating these results, it can be summarized that the zoom simulation not only enhances the regional details of the SAM precipitation, but also provides greater value addition through improved representation of the monsoonal scale interactions and moist convective processes.

The present findings suggest that the improved representation of moist convective processes in the zoom simulation involves the formation of a continental scale cyclonic circulation around the MT zone. This cyclonic circulation extends well above 500 hPa and maintains a moist environment with high moist static energy that is conducive for the organization of convective processes over the MT region. On the other hand, the cyclonic circulation in the no-zoom simulation is confined mostly to the eastern part of the MT zone, with drier conditions prevailing over the western and central parts of the
MT due to entrainment of dry air from the west in the mid-tropospheric levels across the Indo-Pak area. Dry air intrusions in the mid-tropospheric levels tend to inhibit convective instability and suppress convection (eg., Bhat, 2006, Krishnan et al. 2009, Krishnamurti et al. 2010) and discourage the growth of deep convective clouds by depleting parcel buoyancy (Brown and Zhang, 1997).

From the present results, it is noted that the drying of the lower and mid-tropospheric levels in the no-zoom simulations suppresses the organization of MCS over the MT zone and restricts the westward extent of the monsoon LPS. In the case of the zoom simulation, the organization of MCS over the MT zone tends to be favored through confinement of moisture by interactive feedbacks between the large-scale monsoon flow, the continental scale cyclonic vortex and the re-circulating monsoon LPS that traverse westward along the axis of the MT. Recent studies have pointed out that vortices in the tropical easterly waves over the Atlantic and eastern Pacific can develop into tropical depressions through wave-vortex interaction in a manner similar to the development of a marsupial infant in its mother’s pouch (eg., Dunkerton et.al. 2009, Wang et al. 2012). Such a wave-vortex interaction is favored under conditions of weak vortex deformation and moisture containment provided the parent wave is well maintained, so that the above environmental conditions can encourage the aggregation of mesoscale vortices to produce convective heating (Dunkerton et al. 2009). It is conceivable that similar interactions might occur during the evolution and growth of monsoon LPS due to feedbacks among the large-scale monsoon flow, the deep continental scale vortex and the re-circulating LPS vortices. In fact, it has been highlighted that the latent heating distribution from organized MCS exerts dominant influence on the intensity and vertical extent of the continental-scale cyclonic circulation around the MT zone (see Choudhury and Krishnan, 2011).

While it is realized that the moist convective processes in a GCM are sensitive to the treatment
of physics and cumulus parameterization schemes, our understanding suggests that enhancing the resolution of GCMs would be crucial for accurately representing the moisture gradients over northwest India and Indo-Pak region in the lower and mid-tropospheric levels. The LMDZ simulations presented in this study are based on one set of model physics. In the future, we plan to investigate the sensitivity of the SAM response to changes in the LMDZ model physics and further increases in resolution (e.g., grid size ~10 km) over South Asia. Boos and Kuang (2010) and Nie et al. (2010) have hypothesized that resolving the narrow orography of the Himalayas and the adjacent mountain ranges is important for sustaining strong monsoons by insulating the warm and moist air (i.e., high entropy air) over the Indian landmass from the cold and dry extra-tropics (low entropy air). Model sensitivity experiments indicate that the Hindu-Kush mountains can also affect the strength of the Indo-Pak low during the summer monsoon season (Bollasina and Nigam, 2010). It is important to recognize that the western part of the MT is a border area that separates a highly moist environment on the eastern side from the highly arid locations to the west. Therefore, the use of high-resolution models is essential to accurately resolve the moisture gradients over northwest India, Indo-Pak region and the Hindu-Kush mountains, which in turn allows proper representation of the moist convective processes over the MT region. Finally, the overall synthesis from this work enhances our confidence in acknowledging the prospects to improve the quality of monsoon rainfall simulations and forecasts over the South Asian region through the use of stretched-grid global GCMs with fine-scale resolution over the monsoon region.

Acknowledgments

RK and TPS thank Prof. B.N. Goswami, the Director, Indian Institute of Tropical Meteorology (IITM) for extending all support for this research work. IITM is fully funded by the Ministry of Earth Sciences,
Government of India. The travel support to JG and SD for visiting IITM, Pune in 2011 was funded by the French Embassy in Mumbai, India.

References


Keshavamurty RN, Asnani GC, Pillai PV, Das SK (1978) Some studies on the growth of monsoon disturbances. Proc Indian Acad Sci 87: 61–75


Ramaswamy C (1962) Breaks in the Indian summer monsoon as a phenomenon of interaction between the easterly and the subtropical westerly jet streams. *Tellus* 14A: 337–349


Satyan V, Keshavamurty RN, Goswami BN, Dash SK, Sinha HSS (1980) Monsoon cyclogenesis and
large scale flow patterns over South Asia. *Proc Indian Acad Sci* 89: 277-292


**Figure Captions**

Figure 1 (a) Model grids for entire global domain. In plotting the grids, we have shown every 4\textsuperscript{th} grid cell by skipping 3 longitudes and 3 latitudes. The shaded area denotes grid-size ≤ 35 km. (b)
Topography (m) and all the grid cells over the Asian region.

Figure 2. Spatial maps of seasonal rainfall (mm day$^{-1}$) for the June-July-August-September (JJAS) from (a) GPCP (b) Zoom (c) No-zoom simulation.

Figure 3. Spatial distributions of JJAS mean 850 hPa winds (ms$^{-1}$) (a) ERA Interim (b) Zoom and (c) No-zoom simulation (d) Latitudinal variation of zonally averaged zonal winds (ms$^{-1}$) at 850 hPa.

Figure 4. Spatial distributions of JJAS mean 200 hPa winds (ms$^{-1}$) (a) ERA Interim (b) Zoom and (c) No-zoom simulation (d) Latitudinal variation of the zonally averaged zonal winds (ms$^{-1}$) at 200 hPa.

Figure 5. JJAS mean precipitation (mm day$^{-1}$) from (a) TRMM 3B42 (b) Zoom and (c) No-zoom respectively. Mean winds (m s$^{-1}$) at 850 hPa from (d) ERA Interim (d) Zoom and (f) No-zoom respectively. Colored arrows are used to show the wind speeds.

Figure 6. (a) Climatological annual cycles of rainfall (mm day$^{-1}$) and surface temperature (°C) (line) over the Indian landmass from the zoom and no-zoom simulations. The vertical bars are for precipitation. The observed temperature is based on the CRU dataset and precipitation is based on the IMD dataset. (b) JJAS mean rainfall (mm day$^{-1}$) averaged over the Western Ghats (72°E – 76°E; 10°N-19°N) and the BOB (85°E – 96°E; 17°N-24°N) from the GPCP, TRMM 3B42 datasets and the Zoom and No-zoom simulations.

Figure 7. Spatial map of total precipitable water (kg m$^{-2}$) for JJAS season (left column). Moist static energy vertically averaged from 1000 - 700 hPa (right column) in units of (x 10$^3$ Jm$^{-2}$). (a, d) ERA Interim (b, e) Zoom (c, e) No-zoom simulation.

Figure 8. Longitude - Pressure cross-section of specific humidity (kg kg$^{-1}$) averaged over the MT zone (16°N–28°N) (a) ERA Interim (b) Zoom simulation (c) No Zoom simulation. Vertical profiles averaged over the monsoon trough region (16°N–28°N, 65°E–100°E) (d) Relative vorticity (x10$^5$ s$^{-1}$) (e) divergence (x10$^5$ s$^{-1}$) (f) vertical velocity (hPa s$^{-1}$). The profiles for ERA Interim, Zoom and No-zoom simulations are shown in green, blue and purple lines respectively.
Figure 9. Spatial map of rainfall (mm day$^{-1}$) based on active monsoon days (a) TRMM 3B42 (b) Zoom simulation (c) No-zoom simulation. Winds (ms$^{-1}$) at 850 hPa (d) ERA Interim (e) Zoom simulation (f) No-zoom simulation. Colored arrows are used to show the wind speeds.

Figure 10. Composite winds (m s$^{-1}$) for the active monsoon days at 500 hPa (left) and 200 hPa (right) (a, d) ERA Interim (b, e) Zoom simulation (c, f) No-zoom simulation. Colored arrows are used to show the wind speeds.

Figure 11. LPS tracks (a, b) and density maps (c, d). The left and right columns are for the zoom and no-zoom simulations respectively. The mean LPS track is shown by thick black line. LPS density is computed on 1° × 1° grid boxes by counting the number of LPS passing through a given grid box.

Figure 12: Precipitation (mm day$^{-1}$) and 850 hPa streamlines averaged during a typical long lived depression case from (a) Zoom and (b) No-zoom simulation.

Figure 13 Time-series of the frequency count (FC) of moderate-to-heavy rainfall over the MT domain (a) TRMM 3B42 (b) Zoom (c) No-zoom. The unit of FC in the TRMM 3B42 data is the number of counts per $N_T$ (= 1200). The corresponding units in the zoom and no-zoom versions are number of counts per $N_z$ (= 1500) and number of counts per $N_{nz}$ (= 273) respectively.

Figure 14. The patterns generated by regressing the 850 hPa winds on the index of frequency count (FC) of moderate-to-heavy rainfall (a) Observations (TRMM / ERA) (b) Zoom (b) No-zoom. Unit of regression is ms$^{-1}$ (std.dev FC)$^{-1}$. The shadings represent the magnitude of regression wind vector.

**Table caption:**

Table 1: List of active monsoon days for the 10-year period (1998 – 2007) based on Rajeevan et al. (2010).
Figure 1
Figure 2

a) Precipitation (JJAS) - GPCP

b) Precipitation (JJAS) - Zoom

c) Precipitation (JJAS) - No Zoom
Figure 3

a) Mean winds at 850 hPa (JJAS) - ERA

b) Mean winds at 850 hPa (JJAS) - Zoom

c) Mean winds at 850 hPa (JJAS) - No Zoom

d) Global mean zonal wind at 850 hPa

- Blue: ERA
- Red: Zoom
- Green: No Zoom
Figure 4

(a) Mean winds at 200 hPa (JJAS) - ERA

(b) Mean winds at 200 hPa (JJAS) - Zoom

(c) Mean winds at 200 hPa (JJAS) - No Zoom

(d) Global mean zonal wind at 200 hPa

- ERA
- Zoom
- No Zoom
Figure 5

a) Mean Precipitation (JJAS) - TRMM

b) Mean Precipitation (JJAS) - Zoom

c) Mean Precipitation (JJAS) - No Zoom

d) Mean winds at 850 hPa (JJAS) - ERA

e) Mean winds at 850 hPa (JJAS) - Zoom

f) Mean winds at 850 hPa (JJAS) - No Zoom
Figure 6
Figure 7

a) Total Precipitable Water (JJAS) - ERA

b) Total Precipitable Water (JJAS) - Zoom

c) Total Precipitable Water (JJAS) - No Zoom

d) Moist Static Energy (JJAS) - ERA

e) Moist Static Energy (JJAS) - Zoom

f) Moist Static Energy (JJAS) - No Zoom
Figure a) Specific Humidity (JJAS) - ERA

Figure b) Specific Humidity (JJAS) - Zoom

Figure c) Specific Humidity (JJAS) - No Zoom

Figure d) Relative Vorticity ($x10^5$)

Figure e) Divergence ($x10^5$)

Figure f) Vertical Velocity
Figure 9: Mean Precipitation (Active) - TRMM

b) Mean Precipitation (Active) - Zoom

c) Mean Precipitation (Active) - No Zoom

d) Mean wind at 850 hPa (Active) - ERA

e) Mean wind at 850 hPa (Active) - Zoom

f) Mean wind at 850 hPa (Active) - No Zoom
Figure 10

- a) Wind at 500 hPa (JJAS) - ERA
- b) Wind at 500 hPa (JJAS) - Zoom
- c) Wind at 500 hPa (JJAS) - No Zoom
- d) Wind at 200 hPa (JJAS) - ERA
- e) Wind at 200 hPa (JJAS) - Zoom
- f) Wind at 200 hPa (JJAS) - No Zoom
Figure 13

a) TRMM

b) Zoom

c) No Zoom
Figure 14

a) TRMM / ERA

b) Zoom

c) No Zoom
Table 1: List of active monsoon days for the 10-year period (1998 – 2007) based on Rajeevan et al. (2010).

<table>
<thead>
<tr>
<th>Year</th>
<th>Active monsoon spells</th>
<th>Number of cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>1998</td>
<td>3-6 July</td>
<td>1</td>
</tr>
<tr>
<td>2000</td>
<td>12-15 July; 17-20 July</td>
<td>2</td>
</tr>
<tr>
<td>2001</td>
<td>9-12 July</td>
<td>1</td>
</tr>
<tr>
<td>2003</td>
<td>26-28 July</td>
<td>1</td>
</tr>
<tr>
<td>2004</td>
<td>30 July – 01 August</td>
<td>1</td>
</tr>
<tr>
<td>2005</td>
<td>1-4 July; 27 July – 01 August</td>
<td>2</td>
</tr>
<tr>
<td>2006</td>
<td>3-6 July; 28 July – 02 August; 05-07 August; 13-22 August</td>
<td>4</td>
</tr>
<tr>
<td>2007</td>
<td>1-4 July; 6-9 July; 6-9 August</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Total number of cases</strong></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>